

Barber Spirit

BARBER
NATIONAL
INSTITUTE

MARCH 2017
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Barber Behavioral
Health Institute

Serving Children, Adults and Families
in our Community



President's Message



Making dreams come true.

Dear Friends,

The statistics are surprising. One in five adults, and a similar number of adolescents, experiences a behavioral health illness in a given year. The cost of a serious illness tops \$193.2 billion every year in lost wages. It is clear that the need for high quality, accessible behavioral health services is great. But here is another statistic. For 70 to 90 percent of individuals, their symptoms and quality of life improve after receiving some form of treatment.

That's the kind of hope – and help – that the Barber Behavioral Health Institute strives to bring to children, adults and families with behavioral health challenges in our community. In this issue, we invite you to learn more about these services, and meet some of the dedicated professionals who are working to ensure that individuals and families can recover to lead healthier, happier lives.

We all look for signs of spring at this time of year and there's none more anticipated than the annual Art Show & Sale, "Celebrating the Possibilities." We are pleased to welcome more than 300 youth and adult artists and their families to our campus for this event and we encourage visitors to be sure to see this wonderful expression of talent in our region.

This issue also includes our annual Donor Recognition Report, our effort to personally thank each person and organization that has supported our mission during the last year. We are very grateful for their generosity and their belief that, working together, we truly can *make dreams come true*.

Sincerely,

John J. Barber
President & Chief Executive Officer

Show Your Barber Pride!

The Gift Shop at Barber Place has a great selection of shirts, hoodies and other apparel for the Barber National Institute and Barber Beast on the Bay. Visit weekdays from 10 a.m. to 2 p.m. or shop any time online at BarberInstitute.org/giftshop.



Front cover: For the Steiner family, Behavioral Health Rehabilitation Services from the Barber Behavioral Health Institute have helped sons Mason and Bradon. Read more about their story on page 7.

Mission Statement

We "Make dreams come true." We provide children and adults with intellectual disabilities and behavioral health challenges and their families the education, support and resources needed to be self reliant, independent and valued members of their community. In addition, we provide the professionals who serve them with world-class education and training.



Alicia leads her team through the obstacles

A Long Road to Beat the Beast



Alicia Krahe, center, celebrates with teammates at the finish line.

Before the smiles and jubilation of a job well done, Alicia Krahe had already traveled a long road -- and it wasn't just the 10-mile trek through Presque Isle State Park to battle the Barber Beast on the Bay.

For Alicia, who was completing her first Beast on her 27th birthday last year, the event was a celebration of a three-year fitness journey that has resulted in a 97-pound weight loss and the start of her own personal training business.

But before reaching this point, Alicia realized she had to face some hard truths.

"I knew I needed to change something. My attitude was what needed to change first," Alicia said. "The biggest hurdle was believing something that I never thought possible."

And as it turned out, facing that obstacle helped her to later face Beast obstacles like GET LOCO and Over Under.

"I was really negative about working out . . . I worked off all those negative thoughts," she said.

Alicia's first fitness goal was to participate in a Color Run in Brooklyn, New York in September 2013. She worried about completing the 3.1-mile distance, but surprised herself by running nearly all of it.

From there, Alicia became committed to a plan of regular exercise and a healthy diet. Over time, as Alicia achieved her fitness goals, she wanted to share her enthusiasm with others. She changed her plans of becoming a pharmacist, and got certified to be a personal trainer. She started holding classes and training customers at Best Fitness, where she organized a team to take on the Beast.

"An obstacle course was something I had never done. And in gym class, I hated them," she said. "So for me to accomplish a giant obstacle course would be a huge feat. I wanted to do that."

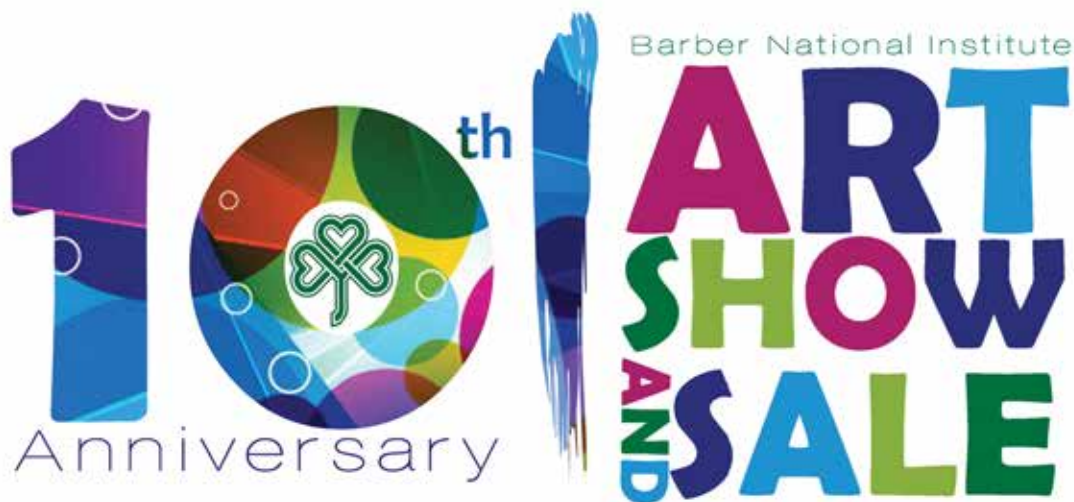
Alicia and several of her Best Fitness trainees ran the Barber Beast on the Bay together, helping each other through obstacles and encouraging each other to the finish line. To hear Alicia's story and see their journey, visit <http://www.barberbeast.org/video/journey>

Alicia now has her own personal training business, focusing on helping other people reach their goals for a fitter, healthier life. One of the goals she has for each of them is to be along with her for this year's Beast on the Bay.

Updates Coming to Adapted Course

We are "raising the bar" to make the 2017 Beast on the Bay adapted course even better! Look for some new obstacles and other enjoyable features along this one-mile course through Waldameer Park. This is a great event that can be completed by all adults with disabilities, and a lot of enthusiastic volunteers are there to lend help and encouragement. Keep watching for more details!





ART SHOW MARKS ANNIVERSARY



Join us for 10 years of fostering creative expression with “Celebrating the Possibilities,” the Art Show & Sale sponsored by the Barber National Institute.

Plan to visit the show on:

- Friday, April 7, 10 a.m. - 8 p.m., with a wine & cheese reception open to the community from 5 - 8 p.m.
- Saturday, April 8, noon - 3 p.m.
- Sunday, April 9, noon - 3 p.m. with family-friendly activities including refreshments, an art scavenger hunt, and the youth artist award ceremony.
- Monday, April 10, 1 p.m. - 6 p.m.

Many pieces of artwork are for sale, and the Barber National Institute receives a commission from each purchase.

A panel of judges from the community will select artwork to receive cash awards in the youth and adult categories, as well as in separate categories for photography. In celebration of the 10th Anniversary, one artist will be selected to receive the Dr. Gertrude A. Barber Award and the artwork will be purchased for the Barber National Institute permanent collection.

In addition, all visitors to the show are invited to vote for a youth and adult piece to receive a People’s Choice Award.

Admission is free. More information is at BarberInstitute.org/artshow or call 814-874-5603.



Support the Show

Looking for a way to support the arts and create greater opportunity for persons with disabilities? Donate to the Art Show! Your gift will help ensure that this wonderful event continues to be available for everyone. Become a Patron with a donation of \$100 or a Friend with a \$50 contribution. Sign up at BarberInstitute.org/artshow or mail your donation to: **Art Show, Barber National Institute, 100 Barber Place, Erie PA 16507.** Please include how you would like your name stated for recognition at the Show.



Inna displays a finished painting, which will be available for sale at the Art Show, alongside a work in progress.

ART TAKES SHAPE

For some artists, a paint brush, a lump of clay or a camera opens a world of creativity. For Inna Dovbush, it's a pair of scissors.

Inna, who immigrated to the United States from Ukraine with her family, entered a day program at the Barber National Institute in 2011.

Violetta Galustyan was a program supervisor when Inna began attending. "She was very shy when she started, but she has really flourished. She is definitely more social and open," said Violetta. "Doing something productive has made her happier."

Inna particularly liked making greeting cards, gift bags and other items that were sold in the Gift Shop. One day, Fine Arts Supervisor Frank Fecko noticed her doodling during breaks in her schedule. The drawings were so intriguing that he wanted to find a way for Inna to express her obvious talent on a larger scale.

Inna tried painting but found it difficult to manipulate a paint brush. When Frank saw Inna successfully using scissors to cut shapes, he had an idea. "I gave her blank sheets of colored paper and she began cutting out shapes and arranging them in interesting ways," said Frank. "She really has her own style that makes her art so unique and appealing."

To create her artwork, Inna selects the colors of paper and cuts out 15 to 20 shapes, ranging from rectangles and circles to more abstract shapes. After she lays them out on a canvas, Frank makes stencils of each shape, places them in the



To create her artwork, Inna cuts out shapes and arranges them on the canvas, where they will eventually be masked off for her to paint.



arrangement Inna made, and masks out around the stencil. Inna then uses a large sponge to paint within the masked off area.

"She usually applies two or three coats of paint to get the coverage she wants," explained Frank. "She really enjoys using the hair dryer to dry each coat of paint before applying the next one."

The whole process takes two weeks of daily work, but the results pay off. A local principal purchased Inna's first piece at the Ladies Only Luncheon and it now hangs in the school's conference room.

Facilitating expression – using each individual's abilities to create unique work – is how Frank views his role in the process that can be different for each artist.

Inna's paintings, as well as several individual and collaborative pieces created by adults in the Fine Arts Program, will be for sale alongside the work of community artists at the Art Show April 7 – 10. It's an opportunity no art appreciator will want to miss.



Pittsburgh Art Show

CREATION TAKES MANY FORMS

Artist Ellen Siciliano, center, displays her painting at the 2nd Annual Art Show held at the Barber National Institute Adult Day Program in Pittsburgh. At the show are Mike Cmar, left, representing State Sen. Guy Reschenthaler; Barber Pittsburgh regional director Thad Jackman and Barber residential supervisor Patrick Then.

Tackling Trauma: The Path to Recovery

A young girl witnesses her parents' explosive arguments that frequently lead to physical abuse. Her teacher starts noticing that she is very tired at school, can't seem to pay attention and complains of stomach aches.

Are the two related? Most likely, according to what behavioral scientists are learning about the emotional, psychological and physical effects of unresolved trauma. In fact, the effects often continue to cause damage into adulthood.

How do behavioral health service providers define trauma?

"It can be any event where the child or adult perceives that their life, or the life of someone else, is in danger," said Dr. Rochelle VonHof, director of clinical programming & services at the Barber National Institute. "Broadly speaking, trauma can be exposure to actual or threatened death, violence, sexual or domestic abuse. It can also be the result of other major circumstances in your life, such as becoming homeless or having a member of your family incarcerated, abuse drugs or alcohol or commit suicide."

Emerging Research

A growing body of research supports the association between childhood trauma and chronic disease, high-risk behaviors, mental health problems and even early death in adulthood. Insights began to emerge around a decade ago as veterans suffering trauma showed a higher incidence of high blood pressure and other physical problems.

Research confirms that trauma survivors are more likely to develop diseases ranging from asthma and hypertension to diabetes and cancer.

People are most vulnerable to the negative effects of trauma during childhood, adolescence and in their early 20s. In fact, trauma can actually cause changes in the developing brain that make risky, unhealthy behaviors more likely in adulthood, according to Dr. VonHof. "We know that prolonged exposure to stress caused by trauma can actually change the architecture in the brain. The assault on neurodevelopmental growth affects a child's



cognitive and emotional development and damages the ability to form healthy relationships. The effects on development make it more likely that an adult will engage in risky health and lifestyle behaviors."

Problems that are commonly seen among children include adjustment disorder, oppositional defiance or conduct disorders, difficulty sleeping or nightmares, depression and anxiety. "Often when we see a child not following the common rules of society and ending up in fights or on probation, we find that an early trauma is at the root of it all," said Dr. VonHof. "While children are resilient, the effects of trauma are often too great for them to recover on their own."

Help – And Hope

Therapists in the Barber Behavioral Health Outpatient Center as well as in other programs agree that children and adults can recover to lead healthier lives. To start, they have to change the common belief that they are at fault. "People often believe that they are responsible for the trauma that occurred," said Dr. VonHof.

"Through therapy, we help them to see that it was not a bad thing that they did, but a bad thing that happened to them. And bad things shouldn't happen."

Therapists use cognitive behavior therapy to help children and adults change the way that they think about the trauma and help them to stop reliving the experiences in their minds. They may also use relaxation techniques and other coping skills to manage anxiety.

"We work to help children and adults recognize that this terrible thing that happened was not their fault, and to develop a different perspective about the experience," said Dr. VonHof. "They can't ever take away what happened, but they can learn to look at living their life differently, and move on to a better, healthier life."





Dr. Rochelle VonHof, center, works with members of an inter-disciplinary committee preparing the Barber National Institute to become the first provider in northwest Pennsylvania to be certified for Trauma Informed Consent.

“The process helps the organization and staff look at everything through the lens of trauma,” said Dr. Rochelle VonHof, director of clinical programming & services. “It means that the therapists and other clinical staff are aware of the signs and symptoms of unresolved trauma that may be the underlying cause of behavioral or emotional issues. But it also means that the organization is sensitive to the possible effects of trauma and creates a safe, welcoming environment for patients and their families, as well as staff.”

The certification process, which included extensive training and reviews of procedures and facilities, is expected to be completed in April 2017.

Trauma Certification Underway

The Barber Behavioral Health Institute will soon become the first organization in northwestern Pennsylvania to become certified as a Trauma Informed Care Center by the National Council for Behavioral Health.

The certification will conclude a year-long process that involved review and education of departments throughout the Barber Institute.

Double Success: Twins Reach Goals with Behavioral Support

Twins Mason and Braden Steiner had tantrums and struggled to communicate more than most two-year-olds. For help dealing with the behavior problems, their parents turned to the Behavioral Health Rehabilitation Services (BHRS) at Barber Behavioral Health Institute.

The boys were diagnosed with autism when they were 16 months old and were getting ready to transition out of early intervention services when they first met Dr. Jennifer Musolff, their new behavior specialist consultant. She worked with the twins' parents to develop strategies for changing problem behaviors. Their therapeutic staff support (TSS) would then work with the boys and their parents several days every week to implement the plan.

Achieving Results

BHRS is designed to help children with autism or other qualifying behavioral health diagnoses change behaviors in the home, school and community settings. The Barber National Institute provides the services in Erie, Warren, Forrest and Allegheny Counties. The professionals are trained in Applied Behavior Analysis (ABA,) the only evidence-based approach shown to decrease problem behaviors such as tantrums, aggression and self-injurious behaviors, as well as increase compliance, functional communication and social skills.

Kara Steiner said that their family began to see changes very quickly. “A lot of what we learned was about how to interact with the boys and come up with solutions to behavior issues,” said Kara. “They gave us a lot of ideas.”

The team and family collect data on how the child is responding to therapy which is analyzed over time. If a child isn't making progress, or if behaviors regress, therapies are revised and changed.



Dr. Jennifer Musolff, behavior specialist consultant, meets with Kara and David Steiner with their children, from left, Mason, Morgan and Braden.

Finding Solutions

Many problems the twins were experiencing were caused by not being able to communicate feelings or needs. They began using Picture Exchange Communication System (PECS) books to express themselves with pictures of things such as common foods and toys, as well as drawings to convey what they were feeling.

Today, Braden is attending third grade in a fully inclusive classroom with supports. Mason is in the Elizabeth Lee Black School where he is also now talking, able to verbally express what he needs and his feelings, and learning to read. “It has been a 180 – degree turnaround,” said Kara.

Dr. Musolff added that interventions are most effective when the staff and families are working on the same goals and can openly discuss their concerns. “When everyone collaborates and works together, the child will reach his greatest potential.”

Outpatient Center Serves Community

The Barber Behavioral Health Institute Outpatient Clinic is centrally located at 1621 Sassafras Street in Erie serving children, adults and families with a wide range of behavioral health diagnoses, including depression, anxiety, stress, marital issues, and post-partum depression. Call 814-871-4725 for information or an appointment.



Making An Impact

Meeting the Barber Behavioral Health Team



M. Eileen McNamara, M.D., is board certified in both Psychiatry and Neurology, and has provided psychiatric services to adults with autism and intellectual disabilities for more than 20 years.

A graduate of Penn State University with a bachelor's degree in biophysics, she went on to the University of Pittsburgh, School of Medicine, where she received the L.W. Earley Memorial Award presented to the graduate with the highest achievement in psychiatry.

Dr. McNamara completed her residency in psychiatry at the Western Psychiatric Institute and Clinic in Pittsburgh, PA and a residency in neurology at Yale New Haven Hospital in New Haven, CT. She taught at Brown University for a number of years before locating to Erie.



Belinda Stillman, D.O., recently joined the Outpatient Behavioral Health Center as a psychiatrist.

Dr. Stillman graduated magna cum laude from Grove City College with a degree in molecular biology. She earned her medical degree from Lake Erie College of Osteopathic Medicine, where she is currently completing a master's degree in health services administration.

Dr. Stillman completed a residency in psychiatry at Millcreek Community Hospital and is certified in psychiatry by the American Osteopathic Board of Neurology and Psychiatry (AOBNP.)



Lihui Tang, M.D., Ph.D. joined the Outpatient Behavioral Health Center as a psychiatrist in 2016.

Dr. Tang graduated from the Harbin Medical University in the People's Republic of China, and completed a psychiatry residency at Duke University Medical Center in North Carolina. He was in private practice in central Pennsylvania before locating to Erie last year, and is now also working in the inpatient behavioral health unit at Saint Vincent Hospital.



Charles Perrotta, Jr., M.D., provides psychiatric care in the Barber Behavior Health Institute Outpatient Clinic.

Dr. Perrotta graduated magna cum laude with a degree in biology from Edinboro University before earning a master's degree from The Pennsylvania State University and a medical degree from the University of Pittsburgh.

He completed a psychiatry residency, as well as a fellowship in child, adolescent and family psychiatry, at Eisenhower Army Medical Center.

A Colonel in the U.S. Army Reserves, Dr. Perrotta provides psychiatric care the Landstuhl Army Medical Center in Landstuhl, Germany. He has also served as medical director, Child and Adolescent Psychiatry Service and Center for Autism and Developmental Disorders for the University of Pittsburgh Medical Center, as well as an assistant professor at the University of Pittsburgh School of Medicine.

He is certified in both adult and child psychiatry by the American Board of Psychiatry and Neurology and also currently serves as medical director for behavioral health at the Erie VA Medical Center.



Julie C. Greissinger, D.O., serves as Medical Director of the Partial Hospitalization Program in the Elizabeth Lee Black School.

Dr. Greissinger earned bachelor's degrees in chemistry and biology from Greenville College, and a doctor of Osteopathy degree from Des Moines University. She completed a residency in Internal Medicine at Lehigh Valley Hospital and a residency in psychiatry at Allegheny General Hospital.

Dr. Greissinger is board certified in Psychiatry by the American Board of Psychiatry and Neurology and she provides psychiatric support to multiple facilities in the community.

Doctoral Degrees Awarded



Rochelle Von Hof, Ph.D., director of clinical programming and services, earned a doctoral degree in psychology from Walden University.

A graduate of Mercyhurst University, where she received bachelor's and master's degrees, Dr. VonHof completed additional training in family therapy, trauma-focused cognitive behavior therapy and Parent Child Interaction Therapy (PCIT).

She is active with the Rehabilitation Community Provider's Association of Pennsylvania (RCPA) and has extensive experience relating to the treatment of trauma and other mental health issues.



Jennifer Musolff, Ed.D., BCBA, was awarded a Doctor of Education degree from Youngstown State University.

Dr. Musolff earned a bachelor's degree from Slippery Rock University and a master's degree from Mercyhurst University, where she is an adjunct faculty member in the applied behavior analysis graduate program. She received certification in applied behavior analysis from Penn State University.

She also served as project manager of the Barber Institute's research collaboration with the University of Notre Dame into the use of robots for treatment of children with autism and is currently co-authoring a paper about the research for publication.



Brittany Gannoe, DNP, PMHNP-BC, is a registered nurse practitioner at the Barber Behavioral Health Outpatient Clinic. Dr. Gannoe earned her bachelor of science in nursing from Gannon University and a doctor of nursing practice from the University of Pittsburgh.

Dr. Gannoe worked as a registered nurse in several behavioral health settings before earning her board certification as a psychiatric mental health nurse practitioner. Her previous experience includes providing adult acute inpatient behavioral health care at Saint Vincent Hospital, and a patient care assistant at UPMC Hamot. As a student nurse practitioner, she also had experience at the Veterans Affairs Medical Center and several private pediatric and family medicine practices.

Master Degrees including Certifications

We are pleased to recognize the following Barber Behavioral Health Institute staff who have earned master's degrees in their fields, as well as various certifications:

Marian Aranyos, M.Ed.	Marcie Gribbin, MA	Kristin Olson, MS
Ashton Barnes, M.Ed.	Eliza Griffin-Saber, MA	Kimberly Ostrowski, M.Ed., <i>Licensed Behavior Specialist</i>
Christine Bible, MS	Nichole Haight, MA	Emily Perrotta, MS
Teirra Brown, MS	Kathleen Halloran, MSW	Daniel Portenier, MA, <i>Licensed Behavior Specialist</i>
Valerie Brown, MS, <i>Licensed Behavior Specialist</i>	Melinda Hamm, MA	Heather Prichard, MA, M.Ed.
Katelyn Buki, MSW, <i>Social Work License</i>	Jenna Haven, MS	Amy Punskey, MA
Alexandra Catanzarite MS, <i>Licensed Behavior Specialist</i>	Jessica Heitzer, MSW, <i>Social Work License</i>	Christine Ransom, M.Ed.
Karen Cleary-Herman, M.Ed., <i>Licensed Behavior Specialist, Board Certified Behavior Analyst</i>	Leslie Hiltabidel, MS	Amber Rapose, MS
Phoebe Clemente, MS, <i>Licensed Behavior Specialist, Board Certified Behavior Analyst</i>	Andrea Howard, MSW	Leslie Reed-Hurst, MA
Amanda Cox, MA	James Hynes, M. Ed., <i>Licensed Behavior Specialist</i>	Mia Sanner, MA
Kayla Cox, MA, <i>Licensed Behavior Specialist</i>	Jalaine Kaczmarczyk-Wallace, MS, <i>National Certified Counselor</i>	Ericka Santos, MA, <i>Licensed Behavior Specialist</i>
Kristen Cummings, MSW, <i>Social Work License</i>	Katherine Knobloch, MS	Elizabeth Sargent, MSW
Deborah Deppas, M.Ed.	Jessica LaFlamme, M.Ed.	Curtis Schultz, MS, <i>Licensed Behavior Specialist</i>
Megan Devine, MA, <i>Licensed Behavior Specialist</i>	Shawna Leech, MSW, <i>Social Work License</i>	Bryce Shirey, MA, <i>Licensed Behavior Specialist</i>
Kathryn Dorley, MSW	Ashley Leute, M.Ed.	Crystal Spano, MS
Jessica Edmunds, MS	Kelly MacDonald, MS	Lauren Steen, MS
Melissa Edwards, MA, <i>Licensed Behavior Specialist</i>	Gregory Mancini, M.Ed., <i>Teacher Certification</i>	Karla Steighner, MS
Brittany Fahrenhold, MA, <i>Licensed Behavior Specialist, Board Certified Behavior Analyst</i>	Krista Manslow, M.Ed., <i>Licensed Behavior Specialist</i>	Christine Stoker, MS
Jill Faulkner, MS, <i>Licensed Behavior Specialist</i>	Alison Marcin, MA, <i>Licensed Behavior Specialist</i>	Christopher Thyberg, MSW
Tricia Finazzo, MA, <i>Licensed Behavior Specialist</i>	Anne Marz, MBA	Jordyn Trisket, MA
Chelsea Fitzpatrick, MS	Ada Maria Mezzich, MSW	Joel Velazquez-Cruz, MA
Carly Frank, MS	Kimberly Morrison, MS	Kristine Weigle, MS
Amanda Glaspell, MS	Maria Murphy, MS	Lisa Wolf, M.Ed.
	Kimberly Neamand, MA	Dale Young, MS
	Melanie Oligeri, MA	



Barber Behavioral Health Institute

Behavioral Health/Children



Blended Case Management
help to access resources in the community



Behavioral Health Rehabilitation Services (BHRS)
changing problem behaviors in the home, school & community



Acute Partial Hospitalization
intensive three-week therapies to help children return to or remain in the community



Connections Camp
summer program for children/teens with high-functioning autism



Family Based Therapy
intensive in-home therapy to stabilize family environment



Social Skills Training
strategies for building social communication skills



Family Inspired Therapy
brief treatment to improve family communication and structure



Parent-Child Interaction Therapy (PCIT)
helps young children change patterns of communicating and interacting with their parents

Behavioral Health/Adults



Mental Health Partial Hospitalization
structured program to help adults manage challenges



Blended Case Management
help to access resources in the community

Behavioral Health/Children, Adults & Families



Barber Behavioral Health Outpatient Center
counseling and medication management for behavioral health challenges including depression, anxiety, stress, bi-polar disorder, etc.



For the past five years, adults in Club Erie have helped assemble more than 600 food baskets every month at the Sr. Mary Pascal Food Pantry at St. Patrick Church.

For Adults & Students, Giving Means Giving Back

As Americans marked Giving Tuesday on Nov. 29, students and adults at the Barber National Institute were “giving back.”

“Volunteering helps adults understand the needs of others and helps them find places in their local communities where they are welcomed. They may be receiving some help themselves, but volunteer opportunities provide a way to give something back,” said Carrie Kontis, vice president for intellectual disabilities services.



Adults in Journeys check in on the animals every week when they help clean the Erie Humane Society.

Club Erie - Adults average more than 200 hours of volunteer service every month.



The LECOM Medical Fitness and Wellness Center received the PAR award for Employer of the Year. At the presentation were Robert Will, left, chief operating officer of the Barber National Institute; Tricia Louis and Claire Staab from the LECOM Wellness Center; Marycarmen Walker, supported employment operations supervisor; and Carrie Kontis, vice president for intellectual disabilities services.

PAR Awards Recognize Commitment

The Barber National Institute was well represented in awards presented at the Pennsylvania Advocacy and Resources for Autism & Intellectual Disability (PAR) during the group’s annual conference in Harrisburg.

Robert Will, senior vice president and chief operating officer at the Barber National Institute, was named Advocate of the Year; Violetta Galustyan, supported employment program specialist, was awarded Front Line Manager of the Year; Katrice Fischer received the award for Self-Advocate of the Year; and LECOM Medical Fitness and Wellness Center was named Employer of the Year. Over the past two years, the LECOM Medical Fitness and Wellness Center has hired three adults through the Barber National Institute Supported Employment program and has provided a welcoming environment and an outstanding level of support to help the new employees achieve success.



Calendar of Events



10th Anniversary Art Show & Sale
April 7 – 10
North Complex

“Social Safety for Children and Adults with Special Needs”
April 20, 5:30 p.m.
Forum

Barber Beast & Brews
March 23, 5:30 p.m.
BrewErie at Union Station

Elizabeth Lee Black School Graduation
June 1, 6:30 p.m.
Gym

Shillelagh Golf Tournament
June 15
Riverside Golf Course



World’s Largest Swim Lesson
June 22
Waldameer Park & WaterWorld

The community is invited to support our events and activities. For information, visit www.BarberInstitute.org



Barber National Institute

EDUCATIONAL OPPORTUNITIES

Bright Beginning Early Intervention (birth-age 3)
The Elizabeth Lee Black School (Approved Private School)
Autism Center
Happy Hearts Day Care & Inclusive Preschool
Deaf & Hard of Hearing Program
Adult Education & Literacy
Pre Employment Transition Services for Youth

THERAPIES

Outpatient Behavioral Health Clinic
Traditional & Specialized Family Based Mental Health Services
Advanced Children's Therapies (ACT) Program
Speech Therapy
Occupational Therapy
Physical Therapy
Behavioral Health Rehabilitation Services
Psychiatric & Psychological Services
Nutritional Services
Trauma and Grief Counseling
Health Services Department
Social Skills Training
Parent Child Interactive Therapies

LIVING IN THE COMMUNITY

Respite Care
Lifesharing through Family Living
Supported Living in homes and apartments
Residential Group Homes
Community Hab

DAYTIME COMMUNITY-BASED SERVICES

Club Erie
Community Endeavors
Prevocational Services
Transitional Work Services
Supported Employment
Adult Training Facilities
Older Adult Daily Living Centers
Mental Health Partial Hospitalization

SUPPORT FOR FAMILIES

Blended Case Management for Children & Adults
Family Support Services
Family and Sibling Support Groups
Agency with Choice, Habilitation Services

RECREATIONAL OPPORTUNITIES

Connections Summer Camp for children with high functioning Autism/Asperger Syndrome
ESO Dances and Summer Camp (Expanding Social Opportunities)
Camp Shamrock Summer Program
Time for Me

COMMUNITY RESOURCES

Before/After School & Summer Child Care Programs
Consultative services to schools & professionals
Swimming Lessons & Water Exercise Classes
Kids on the Block Puppet Troupe
Gift Shop

**For more information, call the
Barber National Institute
at 814-453-7661 or visit
www.BarberInstitute.org.**



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BARBER BEAST ON THE BAY

9.9.2017

PRESQUE ISLE STATE PARK

ERIE, PA



What You'll Get



#1

10 Miles of Sand,
Trail, and Water



#2

25+ Custom Built
Obstacles



#3

Bragging Rights
and Medal



#4

Dri-Fit
Participant Shirt



#5

Ice Cold
Beer

REGISTER TODAY!
WWW.BARBERBEAST.ORG